NORTHWESTERN NEWS

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Smile of the Week

Sadie Vore, Northwestern sophomore, was happy to spend Tuesday evening at the Ranger Royalty banquet.

If you'd like to be the Smile of the Week, please send in a photo of you smiling and a short description of why you're smiling to nwnews@nwosu.edu!

INSIDE

News

• *Miss Oklahoma to emcee local pageant.* **Page 2**

Editorial

• *Students encouraged to get involved on campus.* **Page 4**

Feature

• *Why students decide to attend Northwestern.* **Page 6**

Entertainment

• *Photos from Big Cruise and Car Show.* **Page 8**

Sports

• *William Whayne's impact on Ranger Rodeo team.* **Page 9**

MISSION STATEMENT
Northwestern Oklahoma State University provides quality educational and cultural opportunities to learners with diverse needs by cultivating ethical leadership, critical thinking, and fiscal responsibility.

Photo by Nick Villalobos

For additional photos see page 8.

Cars stroll through Alva

By JORDAN MCLEMORE
Staff Reporter

The Big Cruise and Car Show took place in Alva Sept. 16 through the 18 for its Sweet Sixteen Celebration.

This free, three day event featured a free cookout, two different car cruises through downtown, burnout contests and much more.

This year's main event was the Four Street Outlaw's from the TV show, "The Street Outlaw's." The car showed featured a number of different events that people of all ages could participate in.

"This was my first year as the co-coordinator, along with David Ingraham," Joe Phillips said. "It is the largest weekend in Alva, arguably along with the Northwestern Rodeo."

The Big Cruise and Car Show has turned into something Alva community members have come to love and look forward to during the year. The car show has impacted the community by bringing in classic cars to town, which draws people from all over the state to Alva to view them. The car show also brings in revenue, that otherwise, would not be there.

The annual car show was established 16 years ago.

Continued on page 3

Life story
Thomas reflects on past

By HAYLEE BATES
Staff Reporter

Nine players stormed the diamond in the hope of staying on the path to their goal: becoming state champions.

Chesnei Thomas stood in the outfield waiting for the first pitch. Thoughts bombarded her mind as the tension set in, but one thought brought her worries to rest: this is what her team had worked for all year. The conclusion of this game would decide which team would advance to the next level and which team would be sent home with its dream cut short.

Fort Cobb-Broxton High School and Sterling High School were competing in the fast pitch regional finals. The odds were against Sterling, as Fort Cobb-Broxton already had a number of state championships under its belt from previous years and was looking for a chance to add to its list.

"Looking back this is my favorite high school sports story," Thomas said, as she reminisced on her love for sports that brought her to Northwestern Oklahoma State University and eventually Alva High School.

Photo provided

Thomas family from left to right: Derrick, Asa,and Chesnie

At the conclusion of the seventh inning, Sterling managed to hold Fort Cobb-Broxton off to secure the win and its place in the state tournament. Sterling then made it through the next level of tournament play to the championship. Although the team fell short that game, it walked away as the 2002 Class A Oklahoma state runner-up.

"My hometown was really big into fast pitch softball, and for someone that did not grow up playing fast pitch all my work paid off," Thomas said. "It was the first time that we got to go to the state tournament in about 20 years."

Thomas and her team helped set a new standard for Sterling fast pitch softball. After their battle during the state tournament in 2002, Sterling has made it to state every year except for two.

"It's really cool to know that we started that tradition again, and to see the underclassmen go on and keep it going has been really neat," Thomas said.

This is only one of the experiences that helped drive Thomas' love for sports to a new level. Her father was a high school boys basketball coach, and he sparked her interest of basketball at an early age.

"It was never a question of whether I would play basketball," she said. "With my dad being a coach, I just always knew I would play. loved to be in the gym, and I loved to be around the high school kids."

Continued on page 7

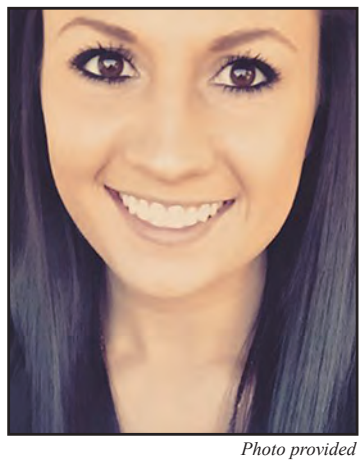

Photo provided

Bailey Trammell

5 QUESTIONS ABOUT
Trammell's new title's

1 How long have you been the director of Student Success and Counseling?

"I have been the director of Student Success and counseling since Aug. 1, 2016."

2 What is Student Success?

"'Student Success' is just that. We want all Northwestern students to be successful while here at Northwestern and that is what my office is for."

3 As the counselor, what do you help students with?

"I can help students with basic issues such as academic issues, relationships, time management issues, and I provide drug and alcohol education."

4 What is the best part about your job?

"The best part about my job is the interaction with students. I love going to events and being able to interact with all students. Also, I have an open door policy and having a student stop by to say hello can be the highlight of my day!"

5 How can someone set up an appointment for either counseling or to learn more about Student Success?

"Anybody, employees or students, can either email me at brtrammell@nwosu.edu or call me at 580.327.8547 to make an appointment for either counseling or academic assistance!"

~Nick Villalobos

News

Klein to emcee local pageant

Serving as emcee at Northwestern Oklahoma State University's Miss Cinderella Pageant is Miss Oklahoma 2016 Sarah Klein. Fresh off her Top 12 finish in the Miss America Pageant, Klein will lead the pageant on Friday, Sept. 30, at 8 p.m. in Herod Hall Auditorium during the annual Homecoming week events.

Klein is a graduate of the University of Oklahoma with a degree in Elementary Education. During her undergraduate career, she was involved in many campus organizations and activities. She was selected to be in the prestigious President's Leadership Class and earned her way onto the President's and Dean's Honor Rolls, Kappa Delta Pi Honor Fraternity, Sigma Alpha Lambda and Alpha Lambda Delta for her scholastic achievement.

After graduating from college in December of 2014, she spent the next semester as a part-time substitute teacher at Jenks Public Schools. Klein then decided to pursue a license in cosmetology in Los Angeles, California, at Paul Mitchell the School. While living in California for nine months, she became an active volunteer with "Makeovers that Matter Organization" that benefits female veterans.

Supporting our Troops from Deployment to Employment is Klein's desire and mission as Miss Oklahoma. She has spent 11 years supporting our troops through various organizations including The Hugs Project, The Tulsa Workforce, Makeovers that Matter and the USO. She has raised more than $155,000 and collected 30,000 items to send in care packages overseas to those who are currently deployed. She has expanded her efforts into caring for our veterans as they return home and transition back into the workforce.

At the age of 4, Klein began taking piano lessons and quickly realized that music is her passion. From age 6 to 18, she competed in countless classical piano competitions resulting in winning the state classical competition three years in a row. She was Oklahoma's Top Talent in Piano Guild for six years and first attended the University of Oklahoma on a Piano Performance Scholarship.

She began competing in the Miss Oklahoma's Outstanding Teen Pageant in 2006. After three years, she finished first runner-up with awards in Talent, Community Service and Interview. She then continued competing in the Miss Oklahoma Pageant. Over the course of six years, she has been awarded with the Children's Miracle Maker Award, Kiwanis Community Service Awards, the Esther Scholarship, the Miss America Community Service Award, Top Ten, fourth runner-up, third runner-up, second runner-up, first runner-up, five talent awards, three swimsuit awards, the interview award, and finally, Miss Oklahoma. Her pageant journey taught her the importance of perseverance, dedication, hard work and service.

The 2016 Miss Cinderella Pageant contestants and schools they represent are: Kimberly Stuck, Alva; Baylie Hyde, Burlington; Haven Davis, Cherokee; Katlyn Morgan, Chisholm; McKenzie Logan, Cimarron; Samantha Greer, Freedom; Haleigh Bockelman, Laverne; Jozlyn Kizer, Mooreland; Ryli Powell, Ringwood; Haley Gregory, Sharon-Mutual; Lexi Shafer, Shattuck; Emily Rugg, South Barber (Kan.); Alanna Nacion, Timberlake; Silvia Vargas, Waynoka; and Grace Meinders, Woodward.

Photo Provided

Miss Oklahoma 2016, Sarah Klein, will be coming to Northwestern's campus to emcee the Miss Cinderella pageant.

Miss Cinderella Talent night will be held on Thursday, Sept. 29 at 7:30 p.m. Tickets for the Miss Cinderella talent and pageant competitions will be available at the door for $10 each night.

More information on Northwestern's annual homecoming celebration may be found online at www.nwosu.edu/homecoming.

Program honors grads

By NICK VILLALOBOS
Staff Reporter

Northwestern Outstanding graduate program has been honoring alumni for various outstanding achievements since 1973.

Each year, on the last Saturday of April, at the spring alumni reunion, the Northwestern Foundation and Alumni Association celebrate those who have demonstrated recognizable accomplish continuously engage in honoring our alumni," Allen said.

Allen added, the basis for the success of the program is the alumni themselves. "Northwestern has graduated an immeasurable number of Rangers who have, or have had, incredible careers," Allen said.

The categories in which outstanding graduates can be named to include, art, business/professional, education, humanitarian, Ranger spirit and recognition.

The most recent individuals that have been named to the Outstanding Graduates Program in recent years include, Edena Caldwell in the art category, Gary Sacket in the business/professional category, Tom Fischer in the education category, Dr. Reid Holland in the humanitarian category and Linda Tutwiler in the Ranger spirit category.

To nominate individuals for the Outstanding Graduate Program, visit my.nwfoundation.com/nominate-an-outstanding-graduate. Nominations are accepted through January 1 of the year of selection. If no individual is nominated, the award will not be given.

Campus welcomes families

By NICK VILLALOBOS
Staff Reporter

Family Day festivities are scheduled to kick off Friday and Saturday as families will arrive for campus tours, shopping for tuition, and the Ranger football game.

Families are invited to visit Alva merchants to participate in the annual "shop for tuition" event. Families that participate will register for the event at select merchants shops, in hop eto receive a $500, $300 or $200 tuition giveaway for the spring 2017 semester.

For a full list of Alva merchants participating in "shop for tuition" visit www.nwosu.edu/familyday.

Family Day registration is 1:30-3:30 p.m. Saturday in the Northwestern Student Center.

Families are also invited to attend the Presidential Pregame Program 3:30-4 p.m. Saturday in the Student Center Ballroom.

In addition, families are also invited to attend the Tailgate Party at 5 p.m. Saturday on the west side of the Rangers Field locker room. Food and drinks will be served at $3 a person. In case of inclement weather, the tailgate will be moved to the Student Center.

Winners of the tuition giveaways will be named at halftime of the Ranger football game Saturday.

PLC hosts campus blood drive

By SAMANTHA MCGUIRE
Staff Reporter

The Oklahoma Blood Institute is putting on a blood drive on the Alva campus. It will be held on Monday and Tuesday from 9 a.m. to 4 p.m. in the Ranger room at the student center.

The President's Leadership Class is in charge of the event, and will be trying extremely hard to get as many students as possible to donate blood. They will also be giving away t-shirts to students who donate.

Students interested in giving blood can go to Oklahoma Blood Institute's website and fill out the screening questions now to save time, or you ca just fill out the questions at the blood drive.

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News

Linda Stewart returns as marshal

Dr. Linda "Doc" Stewart's first parade to march in was during homecoming at Northwestern Oklahoma State University when she was a young trumpet player in the band at Hazelton, Kansas. She will now come full circle by returning on Oct. 1 as parade marshal for the school that eventually became her alma mater and a place where she taught for 35 years.

Stewart, who taught primarily speech and theatre, retired from the university in May 2002. It's been 10 years since she's visited Alva after moving to the Arlington/Fort Worth, Texas, area, and is so excited to return.

Being named as parade marshal is a thrill for Stewart because she had served several years on the homecoming committee that is responsible for selecting the parade marshal and knows first-hand how difficult making that choice can be. She recalled a time while working at a homecoming food booth and seeing community leaders Jim Holder and Anna Belle Shafer lead off the parade.

"I just thought how wonderful that would be!" she said. "He was a community leader and so was she. I thought wouldn't it be nice to really be honored in that way. Never thinking that I would fall into that slot, so when I got it I was thrilled."

Stewart began her college career at Friends University in Kansas as a music major (trumpet, first chair), and she later changed her major to psychology. She then transferred to Northwestern where she chose to focus on English.

Northwestern is where Stewart found her passion in theatre while double majoring in English and speech education.

"I started out in theatre because a friend of mine asked me to come over and help her," Stewart said. "I did, and I just sort've fell in love with it."

She had a teacher who required students to attend plays, and shortly after, Stewart found herself getting more involved with all aspects of the theatre by helping the teacher with critiques of the actors and set.

"If we didn't have enough people to be in a play [following auditions], we would just go back to the dorm and ask our friends or catch someone in the lunch room and say 'we have a part that would be great for you!'" Stewart said. "I always felt like I could spot them. I could spot somebody who would be really good in a certain part, and I think everybody who ever directs a play feels that way.

In 1962, she graduated from Northwestern with her bachelor's degree and taught high school in Medicine Lodge, Kansas, and Harper, Kansas. Stewart returned to the university in 1963 to earn her master's degree along with her certification in guidance and counseling. She spent the next two years splitting her time being a counselor and an English and psychology teacher.

In the summer of 1963, Stewart received a grant for post-graduate study at Oklahoma State University (OSU) and eventually applied for graduate work in education.

Stewart said she had trouble determining what she wanted to do as a career because she was interested in so many different things. This is something which she believes affects most people involved in theatre. However, after completing her course work and starting on her dissertation, she got a call that would set her future path in stone.

Boyce Pennington, her former speech professor at Northwestern, called her in 1967 to inform her of a job opening at the university. Because of his influence and the respect she had for him and the support she was given by other teachers like him. She accepted the job to teach speech and theatre at Northwestern, which led to her life-long career with the Ranger family. She earned her doctorate from OSU in 1970.

Stewart was honored by the university with a Distinguished Teaching Award in 1985 and the John Sheffield Teacher of the Year Award in 1997, honors which she is especially proud. She even credits Dr. Sheffield for possibly being the reason people started calling her "Doc."

"I guess when I got my doctorate that was pretty big news for a while," she said. "I also had a teacher who I thought a lot of and his name was Dr. Sheffield, and people called him 'Doc'. So when people started calling me 'Doc,' that made me feel real good."

Through the years, Stewart tried to do what she was asked to do as best as she could with what she had to work with. Whether it was for class, a production or even to serve on a committee.

"I just did the same thing every other teacher did," she said. "Whatever was related to your field or they think you can do, they have you do it, and that's part of the fun. I think that's where you really get to know your students and become like family. Because when you're in the theatre all day long and part of the night, our job is unique that we go back to school after supper to practice a play or build a set. We always tried to make the person who was the actor be well-rounded to be able to do lights or staging or something. When you try to get into professional theatre, that's the main thing that gets you into the show is that you can do something else.

Working within the theatre is a different way of life that not many understand, but Stewart "got it" and helped her students to "get it."

"There's something about the theatre – when you're live on stage with an audience – that is really electrifying," Stewart said. "When you're on stage, you're going to work it, and your audience is learning something. It's a wonderful way to inform people of things.

"[Theatre] gets in your system, and you can't get it out. I would love to still be working with the theatre."

For theatre productions at Northwestern, Stewart was always sure to have mixture of modern and timeless dramas and comedies throughout the year. She said she always loved the musicals but didn't know enough to run them, so they were dependent on the music department to help out. Early in Stewart's career plays and performances were conducted in the Fine Arts Building or the Student Center Ballroom, rather than in Herod Hall Auditorium.

For Stewart it's difficult to say how many productions she was involved with during her career at Northwestern, along with various high school and community theatre opportunities. In 35 years as a professor at Northwestern she produced an average of four major productions a year, a musical every other year and performances every time a specific production class was taught.

"[The students had] their own things to worry about, too; their classes, their tests and all of that to balance with the time that they spend in theatre. I just really think that's kind of like a person having a job when they are growing up. It teaches them so much."

Stewart enjoyed teaching her students the mechanics of theatre but also liked performing live on stage working with the local community theatres on occasion. She laughed when saying she believed it showed her versatility through being cast as a nun in one of their productions and a prostitute in another.

Stewart also showed that same versatility and comedic side by starring on NWTV in a 1990's cooking show named "The Sloppe Sisters" with fellow alum, former student – and at the time – colleague Cindy Spradling. The pair also had a co-host and "brother" named "Bubba," who was played by another alum and university retiree Dr. Rod Murrow.

Stewart explained that they would have guests on the show varying from other faculty members to a group of Boy Scouts. She said that the show was never scripted, but Spradling was the "brains" behind the operation because she was the one who really could cook and knew all of the recipes. Stewart said her character was more on the side of comic relief who never really had it all together, something she said was an easy part for her.

"I still am a 'Sloppe,' and I will be forever," Stewart said. "If you ever eat my food, I'll bring Tums because you'll need them."

Although it's been awhile since Stewart has been able to make the journey from Texas to Alva, she hasn't let distance stop her from keeping in touch with students and friends.

"I sure do [get to keep up with students]! That's why my phone is never charged!" Stewart said. "I don't let anybody slip through my fingers. I try to keep in touch, and Facebook has been wonderful for me because I've gotten to get back with so many people."

Students receive award

Three Northwestern Oklahoma State University seniors were awarded the Guthrie Scottish Rite Scholarship given by the Guthrie Scottish Rite Charitable and Educational Foundation.

Those awarded this semester are Bobbie Dewald-Tuck of Gage, majoring in early childhood education; Charles Wylie of Ponca City, majoring in English education; and Isileli Ofiu of Anchorage, Alaska, majoring in vocal music education.

Each semester the scholarships are awarded to teacher candidates who are completing their professional semester.

Dr. Christie Jenlink, associate dean of education and professor of education, presented the students their scholarship.

The Guthrie Scottish Rite Charitable and Educational Foundation works primarily with children with language and/or reading disorders.

Recipients are chosen by members of the Teacher Education faculty who have reviewed all applications and voted for the candidate they felt was the best choice.

For more information on the Guthrie Scottish Rite scholarship or the Division of Education contact Jenlink at (580) 327-8450 or email cljenlink@nwosu.edu.

Car show

From page 1

However, it had a rocky start. Founding R.A.C.E. (Racing and Cruising Enthusiasts) members Mike Dunker, Larry Smith, Norville Ritter and Myron Bradt decided that Alva should have a really great car show and began rolling around ideas to make this dream a reality.

Alva restaurant manager, Jim Clemons, organized the first of what would become an annual Alva tradition. His plan included a $25 registration fee and a $5 spectator fee. It was open to all classes interested in participating. The event was to be held at the VFW Supper Club on the Woods County Fairgrounds in June of 1999, with a number of residents expressing interest and making the plans to attend.

However, Mother Nature made a surprise appearance, bringing high winds and tornado movement to Alva and surrounding area the night before the show. As a result of the storms passing through, attendance was limited, with 18 cars in all. From this experience, the Alva Big Cruise and Car Show was born. More information about the history of the car show and the years leading up to the Sweet Sixteen Celebration can be found online at www.bigcruiseandcarshow.com.

Financially assisted by donations from the Tourism Tax revenues and local community support, the Inaugural Alva Big Cruise and Car Show was launched on the first weekend following Labor Day in September of 2001. It was free to the public, free to participants and an instant success with 62 cars signed up.

The burnout contest was originally held in the V.A.P. parking lot, on the south side of town, different from the downtown space that everything is held at now.

"Several sponsors in Alva and surrounding towns have been so generous with helping including this year's Main sponsor, Banc Central. Without the city of Alva and the Motel Tax, we would not be able to have this event," Phillips said.

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Editorial

The Way We See It

Involvement encouraged

Outside of classes and homework, students expect to have things to do on campus and have campus clubs and organizations to get involved in.

It is rare that students come to college to just go to class and not participate in any extracurricular activities.

On Northwestern's campus, students are offered a number of campus clubs and organizations to be a part of. Students also have the option of attending the events that these clubs and organizations host.

The number of students that attend campus events has increased sense last year, but there is still a large majority of students that are not participating in the things that are available for them.

Clubs and organizations on campus are trying to come up with new and creative ways to encourage students to get more involved.

There are a number of reasons why students should get involved in college, including they have the opportunity to meet new people, they have a better chance of succeeding at Northwestern and getting involved is a great way to build a resume for future job opportunities.

"By being involved on campus, I have met a ton of life-long friends and lots of people that will support me in life for years to come," said Jacey Bales, student government association treasurer. "I have also gotten lots of experience working with people that will help me in the future."

The Student Government Association is a campus organization that is formed around voicing the concerns and interests of the students on Northwestern's campus. SGA sponsors a number of events on campus that are geared towards helping students get involved in campus activities.

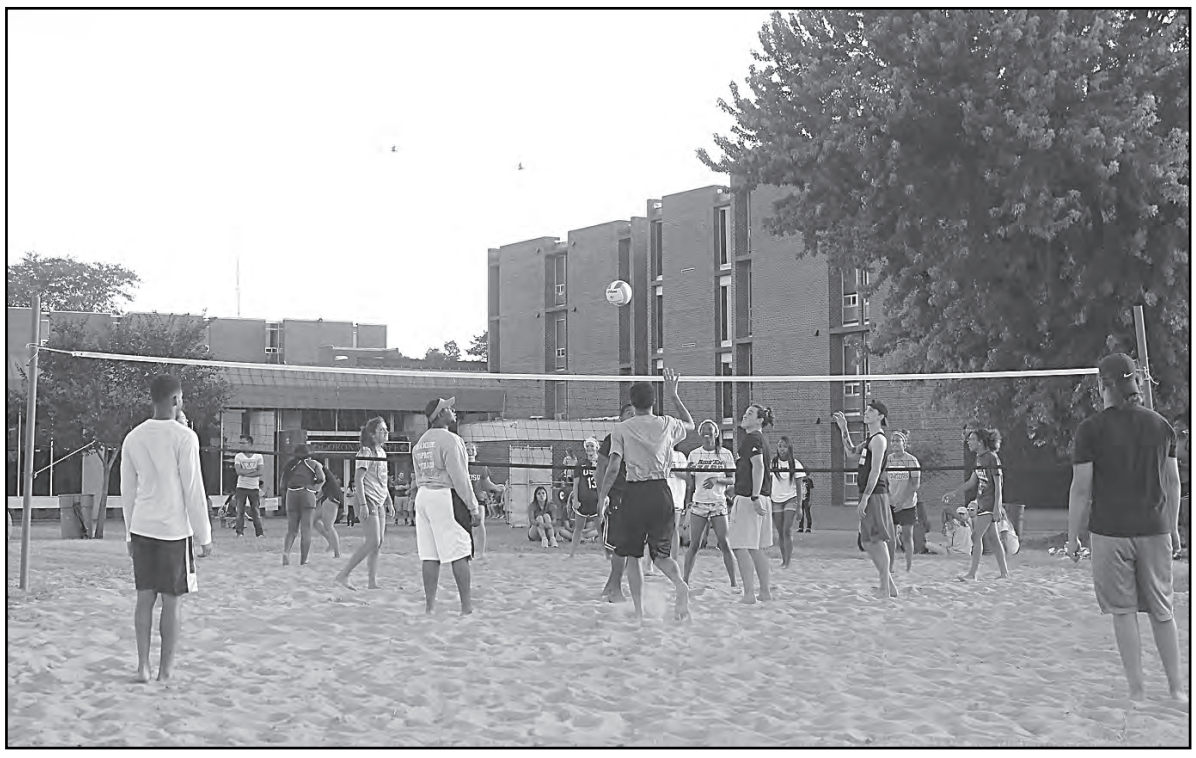


Photo by University Relations

Students have been attending various campus events throughout the semester thus far. One event being Aloha Northwestern during Howdy Week. The event included a dunk tank, sand volleyball and free food.

"Events that SGA organizes allow students the opportunity to have fun in a positive environment," said Kaylyn Hansen, director of student housing. "It is important for students to get involved so they can meet others and build relationships and connections with their peers. There are many skills, including social skills, organization, time management and school pride that can be attained through getting involved with activities and clubs and organizations."

"We are a family here, and the more involved you are the more help and support you will receive," Bales said.

Northwestern has a broad range of clubs and organizations to become a part of.

"There are approximately 60 clubs on campus," Hansen said. "If you have an interest, there is probably a club that will fit those needs."

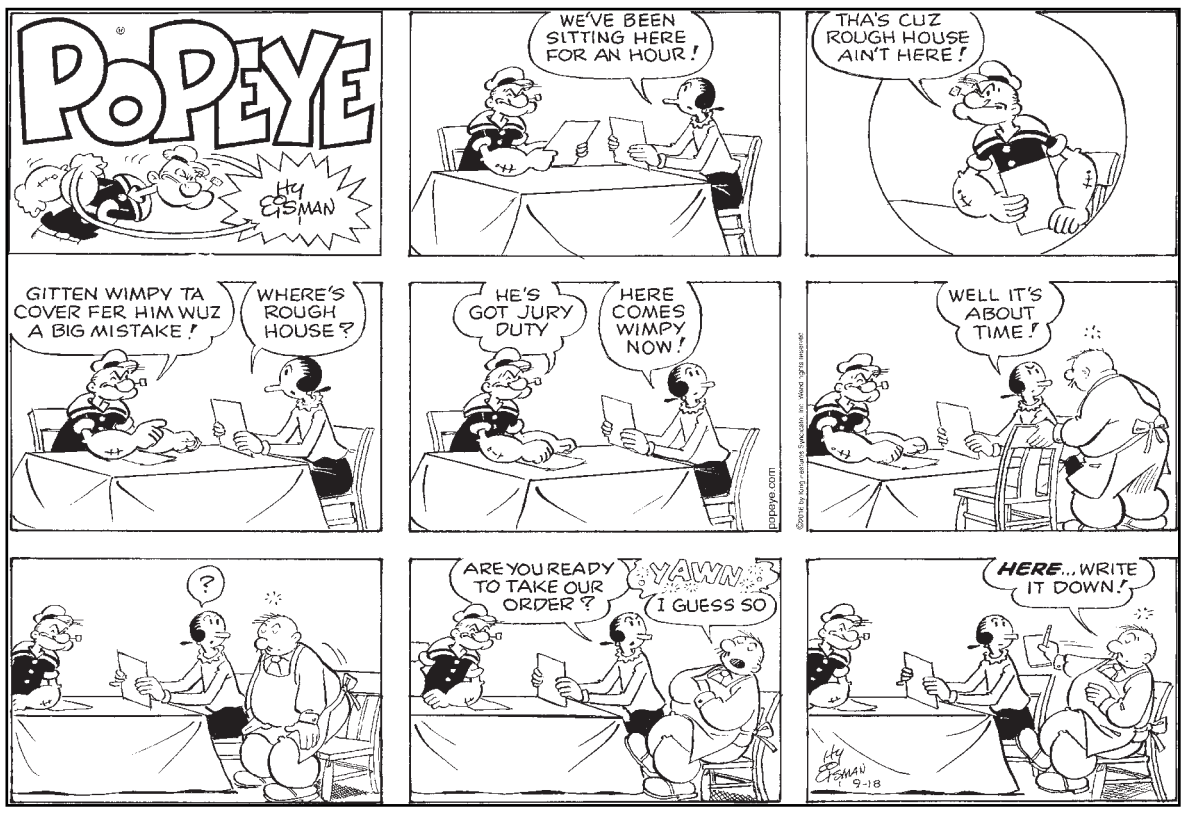
With around 60 clubs and organizations to choose from, most students will be able to find an area that they are interested in. If students cannot find an area of interest, they are encouraged to create a club that they want to add to the campus.

The Student Government Association hosts a number of events throughout the course of the academic year to get students involved and to help promote other clubs and organizations.

"Students who join a club or organization express that they build life-long relationships with both students and faculty members that they may not have built if they were not involved," Hansen said. "We all want to be a part of something. In a club or organization, you will find comradery in those around you who have the same goals that you do."

"Put yourself out there," Bales said. "The more students that get involved the more exciting and better the campus will be. All of our activities and organizations would be full, and we could do a ton more if we had more people involved in them."

For more information on campus clubs and organizations, students can visit the A-Z Index on the Northwestern website. Students can also contact Kaylyn Hansen. Her email is klhansen@nwosu.edu, and her phone number is (580) 327-8418. Students can also stop by her office located on the first floor of the Fine Arts building Rm. 131.



King Crossword

Answers

Solution time: 21 mins.

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S	P	Y	■	M	E	T	E	D	■	R	A	G

Solutions for Sept. 15 crossword

Dear Mr. Widner, and others,

On behalf of the Northwestern News, I, Nick Villalobos, the editor in chief, would like to take this opportunity to extend a deep and sincere apology for the photo that was used in last week's editorial article.

Our photo editor, Katelynn Ball was given specific instructions to take an overview shot of the cafeteria for the photo to avoid the singling out of any specific table.

Unfortunately, as you know, that is not what occurred.

I am truly sorry for any trouble that the photo may have caused you and your friends.

I know you are a hard working individual and in no way would I want to defame you from that.

So, again I just want to apologize for any trouble that photo may have caused you.

Also, I want to take this time to extend an offer to you and your friends as well.

As you are aware, the cafeteria has been dealing with some students in the cafeteria. So, I would like to just encourage you, and your friends, to help be the change the cafeteria needs.

The entire cafeteria staff works feverishly each and every day for us students and all they get in return are students leaving dishes, food and trash everywhere.

Sure there are others like yourself that do clean up after themselves, but that's just a small portion of the population eating in the cafeteria.

If you could help us at the Northwestern News in encouraging other students to pick up after themselves, then both we and the entire cafeteria staff would greatly appreciate it.

Again, sorry for any inconvenience it may have caused you.

Sincerely,

Nick Villalobos
Northwestern News
Editor in Chief

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Inquiries concerning the application of these programs should be made to Calleb Mosburg, Director of Student Affairs, Northwestern Oklahoma State University, 709 Oklahoma Boulevard, Alva, OK 73717, (580) 327-8415.

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Letters must be turned in by noon on Tuesday to the News office in JDA232. Letters via e-mail are acceptable as long as they follow the rules stated above and can be sent to nwnews@nwosu.edu. Please limit submissions to no more than 250 words. The editors reserve the right to condense or edit any letter for grammar, libel and space limitations. All letters submitted may not be used.

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Healthy living

It must be a lifestyle for people

By CHRIS AGBOLA
Staff Columnist

Summer time creates the discipline and mindset of healthy living in most American millennials.

It is that time of the year where we'll anticipate the events and experiences in which we'd be engaged. It's a period of vacations, internships, fun, exploration, classes, wearing light clothes or whatever else.

Interestingly, one can realize that, that time of the year draws nigh. How? I've been curious as to why people develop disciplined healthy lifestyle a few months before summer. Gyms and all fitness facilities experience a mass proliferation in attendance.

All you hear is, "I have to keep the best shape because summer is approaching." The question is: are we doing summer a favor or are we deceiving ourselves? And in the end who benefits, summertime or us?

Cultivating the right habits should be independent of a certain season. Be it fall, winter, spring or summer.

I get the fact that we'd want to exhibit our flat tummies and packs (abs) at the shores of those beach resorts and recreational centers we visit for others to admire or for us to feel confident about our bodies.

But why would you engage in wrongful habits all year round only to keep in shape for a certain time? Then afterwards, the rest is history. The unhealthy lifestyle is resumed and continues unabated.

Health is the most important aspect of life. A sound mind thrives in a healthy body. For whatever you intend to pursue; be it an education, career, job or dream, you've got to be healthy first before you can even reason out your plans.

We live in a country where most individuals have problems with cholesterol and usually die from heart related ailments due to elevated accumulations of low-density lipoproteins (LDLs).

Why then, do we still patronize what exacerbates this plight? I'm not the most conscious dietician out there, but I'm just wondering why we all gravitate towards what isn't good for us.

Late meals are bad, yet it is the habit of many folks, especially college kids. Junk foods and high carbohydrate diets are delicacies. Sweets, chocolates and fried foods cannot be taken out of the discussion.

There are various public education avenues that emphasize diet and portion sizes. Notable are choosemyplate.gov, Dr. Oz and some others, which extensively expound on the ratios of the diverse food groups and their quantities we need for our bodies.

Yet what do we see? A well-informed citizenry who spend tons of dollars treating and struggling from what they know everything about and how they can prevent these cankers.

I know it's somewhat difficult to live healthy nowadays with Wendy's five for $4 package and Burger King's ten piece nuggets for $1.49 and others. But hey, prevention is better than cure and you'd rather be safe than sorry.

My whole point is that healthy living should be independent of summer. If you want to fit into those clothes or admire those who wear them, keep a disciplined lifestyle as a habit.

I know is none of my business as to whatever you want to do with your life but well, note that it is more difficult to lose weight than gain it. So, which would you choose then?

I'm not against working out or you engaging in fitness and diet programs. All I'm saying is, if you are not proud of your potbelly, why have it then in the first place?

"Welcome to our new 'Your Voice' section. This section will be dovoted to the voice of you readers. We decided over the summer break that including your voices into our paper would give each of you the opportunity to share your stories. We welcome all reader's stories. All we ask from you is when you send us your stories, to ***nwnews@nwosu.edu,*** *that you send a picture of yourself as well. Thank you and we at the Northwestern News hope you enjoy the new additions."*

-Northwestern News

Milliennials in society

Thanks should go to those before them

By TIMOTHY ATAKORA
Columnist

As we cruise through the 21st century, we slowly adapt and move to the constant innovation of our technology and tremendous amount of competition among people.

But before that, we must first thank Generation X, or the baby boomers, and all of their contribution to allowing constant growth and open doors to ideas.

Whether that is a decline in racism or the next popular smartphone on the market, we should give our thanks to them. I, myself, take time to appreciate all the work that was brought into the world by our elders, while most of us don't.

Us millennials are so delved in social media sites such as Facebook, Twitter, Instagram and Snapchat, or just trying to decide on which selfie is the best that day, that we become too distant from the past.

I'm not saying we are the bad guys here. My point is we should try to actually live life and not try to document every little thing we come across. We create a mentality of "the world revolves around us," and we rely too much on mommy and daddy all the time.

As of right now, we millennials are dealing with abortion, gun violence, profiling, gender dispute, drugs, education and the list goes on. How our generation will deal with this will depend on how well we acknowledge our surroundings and our own judgments, and whether we can find solutions to the matters at hand.

I'm not saying we should put down our phones and leave our social media profiles behind. We need these tools to expand our knowledge on the issues in our growing society.

If anything, I believe we are by far the smartest generation up to date and have the ability to make all kinds of changes and impacts.

Whether it is today or tomorrow, this year or next year, we need to be acquainted and prepared for the circumstances that approach us.

Small towns, big dreams

Two things that go together

By KEYRA CLARK
Columnist

Small towns, they are everywhere. Every state and country has them and they will always be around.

Many people that grow up in them are itching to get out the moment they become adults and hope to never return. They leave to pursue dreams in the big city, most hoping to make the big times in one career or another.

Big cities and metropolises all across the world are crucial to international development and growth, but at the same time, so are small towns.

Yes, it seems like an absurd idea, but all cities start out small at some point.

There is also, in my opinion, a more important and deeper reason why small towns are so vital to the world. Small towns are where life lessons and skills are learned. They are where tight communities are formed.

I myself was raised in a small town and went to school in a small town. Yes, now that I have lived in a town that has a lot more than fifty people, there are times that when I return home, I miss the "civilization," but I would not trade my experiences for the world.

When you are raised in a city, you see things that can discourage a person from pursuing their dreams because of what they saw happen to another person.

On the other hand, being brought up in a small town, you have unlimited support to follow your dreams from family, friends and even strangers in surrounding communities.

Dreaming big is something every person does, but only handfuls of people who are willing to risk it all will achieve their dreams.

I am not saying it depends on where you live as to if you can succeed in life. I am simply saying that when you have the support of a community in a small town, there is not much that seems impossible in life. This is why, for me, small towns and big dreams go hand in hand.

Northwestern has a new club organization!

The Black Student Alliance is thrilled to get the year underway. We are so excited to be a part of Northwestern's legacy of scholarship and astounding kinship.

We are excited to participate in the Northwestern Ranger Royalty contest and are honored to be represented in this friendly competition.

Our candidate Rachel S. Lugendo is excited to participate in the Homecoming festivities this year.

She wants to thank the faculty advisors for giving her the opportunity to represent the Black Student Alliance. Feel free to follow us on Twitter at NWOSU_BSA.

Feature

More than just numbers

By HAYLEE BATES
News Editor

She climbed into the packed car; her eyes glued to the rearview mirror as she watched the last 14 years of her life fade away.

This is how Sierra Gable, junior psychology major, could be seen as she traveled from Enid to attend college in Alva, two years ago.

More than 1,000 students leave their homes each year and decide to attend Northwestern Oklahoma State University in Alva. Around 500 of these students are first time freshmen, and they travel from all over the world with different backgrounds and end up in a small town in Northwest Oklahoma.

Northwestern has several offices that work to promote the university, but the recruitment office has specific strategies that it utilizes to bring students to campus.

"When recruiting students out on the road we just emphasize the cost of school to go to Northwestern and then also the quality of the education that students are going to receive," said Paige Fischer, direct of recruitment. "You aren't going to find a better ratio on that than what Northwestern offers."

"I also know by talking to current students that they always say Northwestern is home or Northwestern is family, so we try to emphasize those things on the road, especially if students seem nervous or concerned about college," Fischer said. "We try to show them that this is a place that is going to push them toward whatever goals that they have set for themselves."

Local students tend to come to Northwestern for some of the reasons that the recruitment office promotes to the different schools around the state.

"I chose Northwestern over other universities because of the cost, size, and location from home," Gable said.

"I grew up in Enid, Oklahoma, where there is a smaller campus of Northwestern, so I pretty much knew about Northwestern from the Enid campus," Gable said. "I, specifically, came to Northwestern, in Alva, because my best friend and I wanted to go to a school away from home to get the college experience without being too far to visit home."

Local students choosing Northwestern for the affordable tuition, the small campus size and for being in close proximity to their home town is not unusual. Northwestern promotes being able to offer students these things when they come to the Alva campus.

"The first things that come to mind when thinking about what draws students to campus is the family feel, the small campus and the personal attention," said Calleb Mosburg, dean of student affairs and enrollment management. "For just the general student population, that is probably one of the biggest pieces. Next to that is going to be the affordability side along with the high quality education that Northwestern offers."

International students come to Northwestern for some of the same reasons, but because of their distance from the university they have some different motivations as well.

"I came to Northwestern because it was affordable," Princess Adenuga, senior international student from Nigeria, in an interview from the 2016 spring semester. "We also have a better opportunity for our education here."

International students leave their home countries and travel halfway across the world to come to Northwestern. Some of these students come to Northwestern to obtain a degree because their home countries do not support their plans to further their education.

"In Nepal, the government doesn't care for the students, so I came to Northwestern to have a better future for myself," said Pawana Itani, sophomore international student from Nepal.

The personal attention and family feel are two qualities that Northwestern possesses to keep students on its campus once they come here.

"Originally, I planned on going to Northwestern to get my basics before transferring to another university," Gable said. "However, after meeting different administrators, professors and getting involved in offices in Alpha Sigma Alpha I fell in love with nearly every aspect of Northwestern. My most favorite part about Northwestern is that people are so friendly and genuinely care about not only your well-being but your education as well."

Northwestern also tries to make sure that all students feel welcome on its campus. The faculty and staff on campus try to make sure that all students, international students especially, are adjusting well to the university.

"The faculty and staff are fantastic with our international students," said Rebecca Cook, international student adviser in an interview from the 2016 spring semester. "I spend a lot of time with these students. I have become their mother away from home, and I want to be the person that they can constantly go to and depend on."

"Not all schools have administrators go out of their way to help students one-on-one," Mosburg said.

Along with the affordable tuition and interaction from the faculty and staff, Northwestern offers degree programs that draw students in from all over the country.

"We are starting to get to the point where our academic programs are recognized on a national level," Mosburg said. "The credibility of our academic programs and what is being offered here is starting to make a large push for students and families."

> "Not all schools have administrators go out of their way to help students one-on-one."
> - Calleb Mosburg

One of the academic programs that brings students to Northwestern is the nursing program.

"Northwestern has a lot to offer for a student who is interested in nursing," said Shelly Wells, division of nursing chair. "We have a smaller class sizes so the students can interact effectively with the faculty. NWOSU has a strong reputation for graduating high quality nurses and many graduates credit their success to the caring faculty in the NWOSU nursing program."

Another program that draws students to campus is the education program.

"Northwestern is well-known across the state for the quality of its teacher education program," said Jennifer Oswald, instructor of education. "Our faculty members come from P-12 schools, and that professional background is important. We come from the classroom, and we bring that experience with us."

Despite the negative media attention on the state education programs, Northwestern is still developing future teachers that plan on making a difference in their future careers.

"There are currently so many negative stories about education in the news," Oswald said. "I have hope for the future of education in the state of Oklahoma. We are graduating excellent educators. My students are committed to their chosen career, even in this current climate. While I hope to see changes soon in our state, I see Oklahoma's future teachers every day and I'm hopeful for our future. They are committed. I would put my son in any of their classrooms.

Northwestern has a combination of qualities, that some believe they cannot get at any other university. The tuition is affordable, the university offers high quality education, the faculty and staff are willing to work with students and the campus atmosphere brings and keeps students at the university.

"From the day that I arrived here as a student, people have backed me as a person, as a student and as an employee," Mosburg said. "They have supported me and have been willing to help. It's been something that you don't get from any other school, and I can honestly say that there is no other place that, I believe, would provide that type of support from the time that you show up as a student to 15 years later being an administrator at the university."

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Feature

International students choosing Northwestern for higher education

By VICTORIA SCHNAUFER
Student Reporter

Northwestern plays host to students from across the world.

International students come to America to better their education. They leave their families and homes to create a new one in America.

International student advisor, Rebecca Cook said that in most cases students hear about Northwestern from "word of mouth." Students seek to leave their country and further their education.

"Some of our students have told me that they found Northwestern online but the majority of the time it is because other people have come here and gone back to their home country and told their friends and family about Northwestern," Cook said.

Students like Ana Gabriela Parra, junior health and sports science major from Barinas, Venezuela, have unique stories about how she found Northwestern.

"My dad is a Northwestern Alumni, l decided to follow in his footsteps," Parra said, "I also choose to stay here because I am more than just a number, I am a person, and I appreciate that."

"We are facing a problem of students getting their visa to come to Northwestern to college then transferring to different universities after their first semester," Cook said.

According to educationusa.state.gov it is easier to receive a visa to go to a four year university than getting a community college visa.

A lot of international students that transfer out after their first semester, transfer to community colleges.

"Northwestern has a lack of on campus jobs and scholarships to give to international students, most international students can legally only work at the university," Cook said, "We are trying to change the retention rate by adding more activities on campus for International students so they feel more welcomed. We are trying to add more on campus job opportunities and other financial reliefs for them as well."

Northwestern does have International students that stay throughout their college career.

Biology senior, Sadik Malik, is from Accra Ghana and has been a ranger for three years.

"I chose Northwestern because I wanted to experience the small town life. I have stayed here because of the friendly community based atmosphere that has been created by the staff and students," Malik said.

Northwestern has managed to be home to students across the world and is currently working on improving situations for all students. Faculty, staff and students alike are keeping campus friendly and open to new faces and cultures.

"There are a lot of things I love about Northwestern," Parra said, "One of my favorite things is how easy it is to be involved on campus. There is not a valid reason for anyone to not be active in at least one campus club or organization."

Thomas

From page 1

Although Thomas' father was a coach, she was a fortunate coach's kid because she only had to move twice throughout her time as a student.

"There were times and opportunities that my dad had to coach somewhere else, but I always had a big say in where we lived," she said. "That's something that I always appreciated because not many coach's' kids could say that."

Thomas lived in Kremlin, and before she started kindergarten, her family moved to Fairview where her father accepted a coaching position for the boys basketball team. Her final move was to Sterling where she later graduated.

Throughout her time as a student, Thomas played a number of sports that helped mold her competitive nature, including fast pitch softball, slow pitch softball, basketball and cheerleading.

"We grew up in a coaching family, so I think that it was just implanted into our heads to be competitive," said Baylei Zehr, assistant coach for the Alva girl's basketball team and Thomas' younger sister. "One time we were in a fight, and I told her to bring it, and she chased me through the entire house until I was cornered. That's the last time I would tell her to bring it again."

After competing in high school sports, Thomas went on to cheer at the collegiate level for four years at Northwestern Oklahoma State University. Teammates and colleagues remember Thomas having a competitive nature throughout college and in the workplace.

"She was always competitive, not in a selfish way, but she was always competitive in a way that she wanted what was best for the group," said Kaylyn Hansen, Northwestern director of student life and counseling and former teammate and colleague of Thomas. "When she was a senior on our cheer team, she always was competitive and wanted us to bond as a group so we could do well out on the floor and could perform better."

Even after Thomas made the cheer squad at Northwestern, she was involved in a number of campus leadership roles, clubs and organizations, including Alpha Sigma Alpha, Ranger Connection, NWTV7, Ranger recruitment and Leaders of Northwestern.

"My first year of college I wanted to be involved in a lot of things to see what I liked and what I didn't like," Thomas said.

Throughout her busy undergraduate years at Northwestern, Thomas met a lot of people, and one of those people was her husband, Derrick Thomas. After the two began dating toward the end of their undergraduate years, things began changing for the better in Thomas' life.

"Whenever things clicked and we started dating, each day he made me a little bit better than I had been the day before," Thomas said. "Derrick is the one that helped show me what my faith really looked like and helped me act on my faith more and more each day."

Thomas' faith in God has played a major role in her life.

"I was saved at a young age, and I had family members that made sure I knew what it meant to be saved and to have a relationship with God," she said. "There are so many things that I have been through in my life, and I know that if I didn't have my faith in God I wouldn't have been able to make it through them."

The couple now serves as youth pastors at the First Baptist Church in Alva. Thomas' husband was already the youth pastor at the First Baptist Church when the two began dating in college.

"I didn't decided to be a youth pastor; I just happened to start dating a boy that was already a pastor," she said. "Never in a million years would I ever have thought that I would be married to someone that was employed by a church or in ministry. In my mind I was going to marry a coach because that's what we did, and I was going to be a really good coach's wife because I watched my mom be such a great wife for my dad."

The two have been youth pastors together for nine years, and throughout their journey, Thomas has seen a number of successes and trials.

"I do not always feel equipped to be a youth minister's wife, especially when Derrick and I first started dating," Thomas said. "I always felt that I couldn't be a minister's wife because I am flawed, so at first I let Satan really eat at me with stuff like that. Now I have figured out that I do have a purpose, and I do have reason to serve in the church that we are a part of."

Thomas and her husband have two different personalities to offer the youth group at the First Baptist Church.

"Derrick is more of the biblical foundation for the youth, which I think is neat because so many times in America right now, it's the woman that has to be the biblical foundation in the family," Thomas said. "Since Derrick does so well in that aspect, at youth I can be the advice girl. I can be the person that can help the youth that are struggling, and I am the person that can take real life situations and apply it to what Derrick is teaching."

Throughout Thomas' time in the youth, she has been able to carry out her calling for impacting the lives of kids. She is also able to do that through her time at Northwestern and now at the Alva High School.

"Growing up, I always thought that I would become a teacher," she said. "When I was working in the recruitment office, I just remember thinking that kids in high school need someone in their corner, and while I was working in youth ministry I kept going back to it. I never acted on it until later in my career at Northwestern."

Thomas was able to impact the lives of Northwestern students through the positions that she held on campus.

"There are so many people on this campus and so many that she doesn't even realize that would say they are here because of her or that they stayed here because of her," said Paige Fischer, Northwestern director of recruitment and former colleague of Thomas.

The way that she impacted students and other employees on campus allowed Thomas to be remembered for two things during both chapters of her life at Northwestern: a smile and a helping hand.

"She was charismatic yet compassionate," said Tatum Radcliff, Northwestern housing secretary and former colleague of Thomas. "When she started talking, everyone would turn their head and listen because you could hear her voice in a room, but when she spoke up it was always out of compassion. Those are two things that I think when put together are a really powerful thing."

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Entertainment

Car show cruises into Alva

Continued from pg. 1

Photos by Charles Boldes
Layout by Rachel Emerson

The 16th annual Big Cruise & Car Show brought travelers from all across the area this past weekend to downtown Alva. Those who participated seen various makes and models of classic cars and motorcycles. Visitors enjoyed a full day of festivities on Saturday as well, with the Little Miss Cruise and Car Show, pinewood derby race, burnout contest, Big Money cash grab and Cruise the Boulevard. Then on Sunday spectators enjoyed the bicycle drags and street race event as the show concluded.

Graceful Arts Gallery & Studios

Indoor events this fall

By BAILEY RANKIN
Student Writer

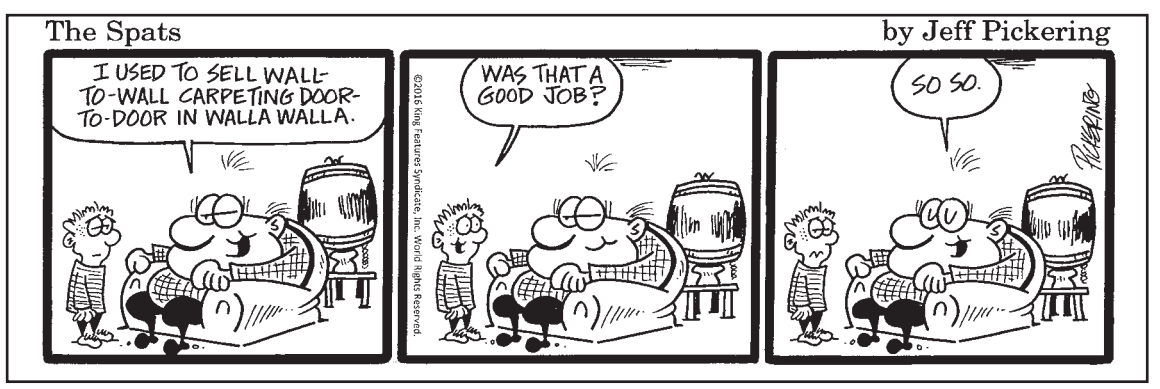
With fall approaching fast, the weather is getting cooler and many people will choose to stay inside with a warm blanket and their families. But, just because people choose to stay in doesn't mean there's nothing to do.

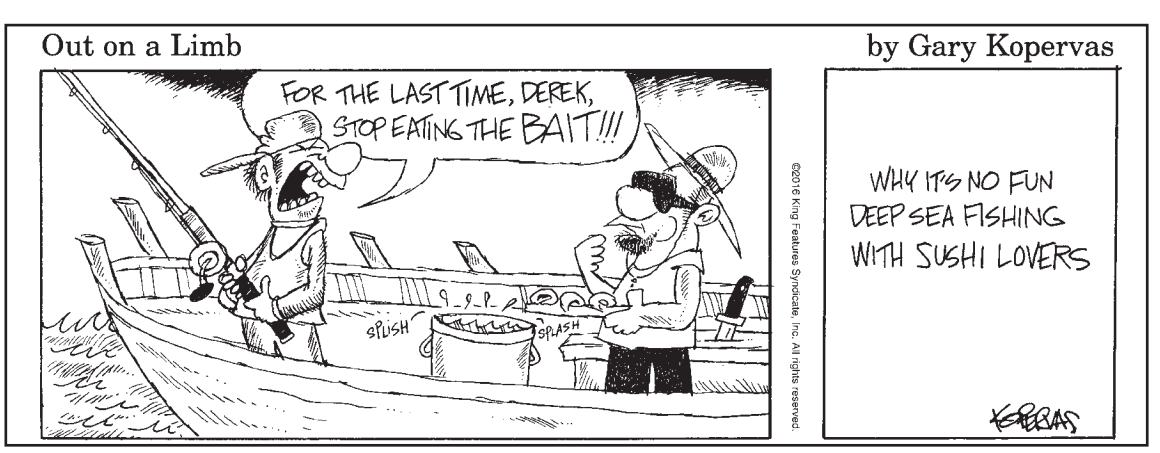
Graceful Arts Gallery and Studios, located in downtown Alva, puts on multiple workshops every month. They offer children and youth after school classes, adult classes, children make-n-take workshops, and youth to adult workshops. Beginning in October, Graceful Arts Gallery and Studios will present multiple community events. Here are some of the events they're offering in October.

- **October 7**- First Friday Art Walk
- **October 8**- Youth acrylics (6 week workshop)
- **October 8**- Octoberfest
- **October 15**- Fall Craft with April Decker.

For a full list of events, visit www.gracefulartscenter.org.

Anyone interested in attendng any events or workshops can contact Graceful Arts Gallery and Studios at (580) 327-2787.





Sports

Whayne's impact on Ranger rodeo team

By **CHRISTINA MUNSTER**
Student Writer

As he backs his red mare, nostrils with flaring into the roping box, his hand is steady on his rope and the thoughts of winning go through his mind.

They've been preparing for this moment for years. They have spent countless hours in the practice pen, for each timed run in the rodeo arena. His horse has only one eye. She relies on her rider to be her guide out of the box.

The calf in the chute knows only one thing and one thing alone, run. The calf stirs restlessly trying to make his mad dash out to the arena.

The rider leans back in his saddle and the red mare leans her hindquarters on the corner of the box. The rider takes a deep breath and then raises his rope and nods, releasing the calf. As the calf runs out with the snap of the barrier, the horse and rider goes flying. The calf makes a mad dash down the arena; however, he ropes the calfs neck and then is jerked down by the horse. The rider jumps off his horse, making a run to the calf on the ground.

One leg, two legs, three legs and the calf's legs are tied by the rider, as fast as he can. The rider throws his hands in the air, and receives his time by the judge and timer.

He smiles while he fist pumps in the air. He did exactly what he was practicing for, he won. It's big town dreams, small town heart for this one cowboy, William Whayne Jr. setting the new standard for the face of rodeo.

Whayne, a recent graduate of Northwestern Oklahoma State University, is changing the rodeo world. Being born and raised on the north side of Tulsa, Whayne grew up around horses. His father, William Whayne Sr., had already been competing for years professionally. His love for horses grew from his father's life.

With his younger sister, Kayla, and older sister, Kimberly, Whayne and his family began to sweep the nation in junior and youth rodeos. What sets Whayne apart from the normal rodeo athlete is he is often the only African American entered.

Upon entering high school, Whayne's loves for rodeo grew, competing in both the team roping and tie down calf roping. He excels in the calf roping and over the years has focused primarily on that event.

Photo Provided

William Whayne

As most typical high school boys, Whayne joined the football team, as a defensive tackle and full back. Winning multiple championships with his team and breaking many school records, it wasn't long before he was being scouted by multiple big 10 universities for college football.

However, if he played football, he would be unable to rodeo. Those dreams of one day becoming a professional calf roper would be gone. Whayne had to make the difficult decision of giving up one passion to pursue another.

"I didn't feel like I was big enough to play football and enjoyed roping more," he said. "It was cool they sent me those big time letters, but it just wasn't me. I just wanted to rope."

And rope he did. Whayne was accepted into Connors State College in Warnea, after high school on a rodeo scholarship. During his time at Connors, he won the world renowned Bill Pickett Worlds. At Connors' he was able to rope every day, and he was only 5 points away from making College National Finals.

With his time at Connors coming to an end, William decided to pursue his education at Northwestern Oklahoma State University, where he was able to compete one year as a Ranger. With another year of college left, Northwestern's head coach, Stockton Graves, approached Whayne about being his understudy. The first African American on the rodeo team at Northwestern was now helping change the lives of collegiate rodeo athletes at Northwestern.

Seven-time National Finals Rodeo qualifier and Northwestern rodeo head coach, Graves, first met Whayne two years ago, when Whayne walked into his office, on a tour of the school. Graves knew that Whayne would be a great asset for the team. Whayne brought in points for the men's team in both the tie-down and heel side for the team roping.

"William is very good for our program," Graves said. "He's our schools very first African American competitor. When I asked him to be my work-study in August, he became a great asset. He's helped a lot of these kids get better and has been a great recruiter, recruiting kids from eastern Oklahoma, and its all because of him."

Sara Bynum, who is a junior barrel racer at Northwestern, credits a lot of her success to Whayne. "He's one of the best I know," she said. "This year would have been hell without him. He's the kind of person that if I were to hear someone talking bad about him, I wouldn't think any differently about William, but I would that person talking badly about him." Bynum said, when she wanted to give up, he pushed her to reach her dreams when she thought she couldn't.

Jana Centoni-Sampson, a senior at Northwestern, credits Wayne with changing her from primarily just a team roper into a breakaway roper. When she first came to Northwestern, she had done breakaway a little growing up, but not competitively. Whayne saw potential in her and worked with her every day on her calf roping.

She's made a few short rounds in the breakaway, and she credits her success to him. "He was the only one who's ever sat and just worked with me," she said. "He didn't tell me I sucked or just tell me what to do. He sat hours with me roping the dummy, riding our horses, just working on me and showing me how to be successful in the arena. If it wasn't for him I would never have gotten this far."

Whayne has helped the careers of many students at Northwestern.

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Ranger football falls to Henderson State

By **RANGERS ATHLETIC DEPARTMENT**

For the second straight week the Rangers made the long drive across the state of Oklahoma into central Arkansas, for a match with yet another quality opponent.

Last week's opponent Henderson State gave the Rangers their second straight loss with a final score of 62-23, moving them to 1-2 overall record. The Reddies are ranked eighth in Division 2 football and put the pressure on the Rangers early and often.

The Rangers were once again unable to put together any sort of productive offense against the Reddies stifling defense, which had only given up 18 points in the first two games of the season.

The Rangers began the game with six straight three-and-outs on offense. By the time the Rangers finally did put points on the board, the Reddies had already scored 38 points.

The Rangers were held without a first down until midway through the second quarter, and it wasn't until defensive back, Shane Collins, intercepted a ball in Reddies territory, that the Rangers were able to run a play in Henderson State territory.

Field conditions seemed to be a major factor throughout the ball game as many plays came to a halt when players slipped on the field and were visibly frustrated.

Despite the poor offensive performance, the long road trip and the terrible field conditions, the Rangers did leave Arkadelphia with a few positives. They scored more points against a nationally-ranked Henderson State defense in one game than their first two opponents could manage in two games combined.

Even though the offense as a whole continued to struggle, sophomore standout receiver, Horatio Smith, continued to shine with eight receptions for 84 yards and a touchdown. He ranks in the top ten nationally in all-purpose yards and continues to be a threat every time he touches the ball.

Two weeks removed from a poor performance against Arkansas-Monticello, the Rangers defense has incorporated many new faces that have seemed to make a positive impact. Freshman Maurice Wright Jr., was a part of 11 tackles as well as a forced fumble in the ball game.

Northwestern will return to the friendly confines of Alva. This weekend where they will take on Ouachita Baptist with kick-off slated for 7 p.m.

Athletic events

Sept. 24
9 a.m. MXC at OSU
7 p.m. FB vs Ouachita Baptist Univ.

Sept. 26
9 a.m. WGOLF/ MGOLF Oklahoma Baptist Invitational at Shawnee

Sept. 27
9 a.m. WGOLF/ MGOLF Oklahoma Baptist Invitational at Shawnee
7 p.m. WVB vs Southern Nazarene Univ.
7 p.m. WSOC at Oklahoma Christian Univ.

Sept. 29
7 p.m. WSOC at Harding Univ.

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Bar-S chicken franks $.99	Shurfine ice cream 144 oz pail $2.50
Tendercrust wheat sandwich bread $.99 loaf	Shedd's country crock butter 45 oz. $3.50
Libby's 14.5 oz. cut green beans $.79	Gala apples $1.19 lb.

Sports

Men's rodeo team takes second

By **RANGERS ATHLETIC DEPARTMENT**

A busy summer in a labor of love seems to be paying dividends to Joby Allen and the Northwestern Oklahoma State University rodeo team.

Allen wrestled two steers to the ground in a cumulative time of 9.5 seconds to win the bulldogging championship at the Colby Community College Rodeo September 16-18.

"It really felt good to win that rodeo," said Allen, a junior from Alva. "I've been rodeoing all summer. I bought my professional rodeo permit and learned a lot rodeoing with the guys in the circuit. I feel like that gave me an advantage, and it paid off."

Allen downed his first steer in 5.0 seconds and finished third in the first round.

Allen then posted a 4.5 second run to win the short round and the overall title, bettering teammate and runner-up Colten Madison of Whiting, Iowa, by more than five seconds.

"I really didn't know much about my first steer, but I was going to get out on him and hit him quick," Allen said. "It had rained that day, so the ground was a little sticky, and the steer wanted to die off on the back end, so that slowed me down a little. I knew my short-go steer was good, and I took a good cut at him."

It worked. Between Allen and Madison, the steer wrestlers led the way to the Rangers second-place men's team finish in northwest Kansas.

Photo by Melissa Couture

Katy Miller goat tying in the first round at Colby's College Rodeo.

Madison posted the fastest time of the rodeo, a 4.1 second run, to win the first round. While his 10.7 second final-round run seemed long, it held up for fifth place in the round and the reserve title in Colby.

"Last year this team was led by a good group," said Allen. "I think it really helped my bulldogging out. It made me more aggressive and think about things more."

Allen wasn't the only Ranger to claim the title in Colby. He was joined by the team roping tandem of Kass Bittle, a freshman, and Edgar Fierro, a junior, who were 7.7 seconds to finish in a tie for third in the opening round. They posted a 7.0 to win the final round and the average.

They were joined in the final round by juniors, Brandi Hollenbeck and Grayson Allred, who also tied for third in the first round but didn't score a time in the final round.

Mason Bowen, a senior, finished third in tie-down roping with two runs of 10.0 seconds each. While Cole Patterson, a junior, shared the long-round win with a 9.5 second run.

Taylor Donaldson, a junior, finished fifth in the first round; both Patterson and Donaldson had no-times in the final round.

The Northwestern women were led by goat tier Katy Miller, a junior, who was second in the final round and average.

Taylor Munsell, a sophmore, finished fourth in the final round and average in breakaway roping. While Ashlyn Moeder, a sophmore, finished sixth in both rounds and the average in barrel racing.

It's just the beginning of a long season, and the teams have three weeks until they return to action in Durant, on Oct. 6.

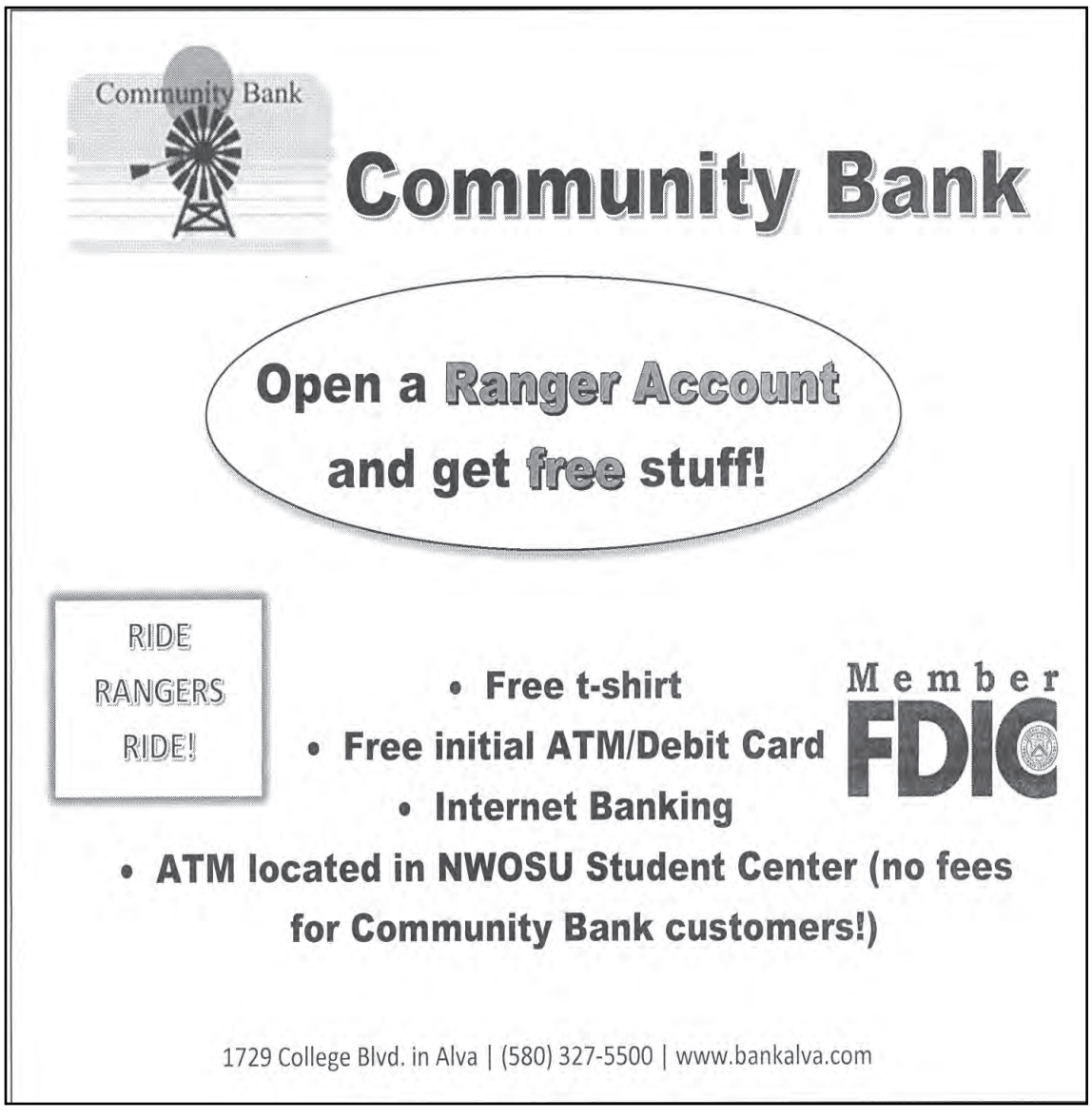
There will be plenty of practice opportunities between now and then. and that's something Allen and his teammates lean on to improve.

"Stockton Graves really helps us out in practice every day," Allen said of the Ranger's coach. "If he sees something wrong with your horsemanship or when you're on the ground, he'll address it. We have these matches that put us behind the barrier and help us think of the right ways to do things."

"It really helps making practice like a rodeo," Allen said.

Photo by Melissa Couture

Kass Bittle team roping in the first round at Colby's College Rodeo



Volleyball takes first victory of the season

By **RANGERS ATHLETIC DEPARTMENT**

The Northwestern volleyball team walked away from the MIAA Great American Conference Challenge this past weekend with their first victory of the season.

The Rangers had lost 11 games prior to the first win against Southwest Baptist, on the first day of the tournament.

Natalie Fahey led the rangers with an impressive hitting performance, tallying 16 kills while recording a team high .444 hitting percentage, against the Bearcats.

Not to be outdone by Fahey, Jennifer Eubanks pitched in 16 kills of her own to the Ranger offensive attack. Carley Geer provided the spark on the defensive side for the Rangers, with 23 digs.

The Rangers first set victory didn't come without a test, having to come back from a 20-14 deficit to win their first set of the tournament 28-26.

The second set was all Northwestern. The Rangers got out to an 11-3 lead that saw five different players record a kill. The Rangers never looked back from that start, riding the momentum to a 25-19 victory.

The third set, however, would prove to be trouble for the Rangers. Northwestern struggled all throughout the set with attack errors plaguing the offensive attack.

The Rangers would wind up dropping the set to the Bearcats 25-21

Northwestern was able to close it out in the fourth set, but not without a fight.

The Rangers held a 22 to 18 lead late in the set but the Bearcats rallied back four straight points.

The two teams went back and forth from there, but three straight Northwestern points from Fahey and Eubanks, sealed the set for the Rangers with a final set score of 28-26 and match score of 3-1.

The Rangers will be in action next on Thursday, at 7 p.m., as they look to avenge their conference tournament loss against rival Southwestern Oklahoma State, at Weatherford.

State News

Medical legalization ceasing

By COREY SHIRLEY
Student Reporter

Throughout this past year, hundreds of volunteers from all across Oklahoma worked tirelessly to gather enough signatures to place the legalization of medical marijuana, also known as State Question 788, on the ballot this November.

However, a procedural issue has put the brakes on this state initiative for this year.

According to the Oklahoma State Constitution, all ballot initiatives have to be reviewed by the Office of the Attorney General before being placed on the ballot. The Attorney General can re-write the ballot title if he or she believes that it doesn't meet the proper standards.

That is exactly what has happened with this ballot proposition.

According to a lawsuit recently filed with the Oklahoma Supreme Court "Attorney General Scott Pruitt {has} injected his own personal bias" against the medical marijuana initiative when he rewrote the ballot title.

The suit is requesting that the State's highest court order that the original ballot title stand and be placed on the ballot.

State Supreme Court has not ruled on the case, and the deadline for an initiative to be placed on the ballot for this year has passed.

However, this state question could be voted on in November of 2018.

This is not the first time Attorney General Pruitt was criticized for revising ballot initiatives.

This summer, the State Supreme Court ruled that two different revisions for state questions dealing with criminal justice reform were "misleading and partial."

The court had the ballot initiatives rewritten and placed back on the ballot for this November.

The medical marijuana initiative states that "a license is required for the use and possession of marijuana for medicinal purposes" and that "the license must be approved by an Oklahoma board certified physician."

Graphic provided

The lawsuit filed against the Attorney General's rewrite tries to argue that the new title is "misleading and confusing {because} it states in its first two sentences that "this measure legalizes the licensed use, sale, and growth of marijuana in Oklahoma. There are no qualifying medical conditions identified."

However, it is important to remember that this state question would only change state law, not federal law. So, even if the state question was passed, the possession, sale, and growth of marijuana would still be a federal crime. The federal authorities may choose, however, to not enforce the federal penalties, which is what they are now doing in Colorado.

Honor environmental excellence

All year, Oklahomans have been doing their part to keep Oklahoma beautiful, and now it's time to recognize them for their efforts.

Keep Oklahoma Beautiful (KOB) is hosting their 26th annual Environmental Excellence Celebration on Thursday, November 17, at the National Cowboy & Western Heritage Museum in Oklahoma City.

A statewide nonprofit, KOB recognizes Oklahomans doing their part to help preserve the beauty and sustainability of this state. This year, over 60 individuals, groups, businesses, municipalities, etc. from across the state will be recognized for their work for the past year.

This year's board commendation winners are Latta High School FFA for the Towering Spirit Award, Global Gardens for the Visionary Leadership Award, OGE Energy Corp. for the Vanguard Award, Dixie Harper for the Champion Volunteer Award, and Tom Terry for the Lifetime Achievement Award.

"Our Environmental Excellence Celebration and Award banquet is our moment in time to appreciate the work, acknowledge the passion, commitment and sacrifice of remarkable Oklahomans who go above and beyond to enhance the beauty and health of our environment and our state," said Jeanette Nance, Executive Director of Keep Oklahoma Beautiful.

"This is more than just a public pat on the back. Our event is the largest in Oklahoma gathering 550+ citizens at the Cowboy & Western Heritage museum in Oklahoma City. Join us to celebrate these selfless volunteers, groups and corporations that work tirelessly to keep Oklahoma's beauty running deep."

Finalists for the Environmental Excellence Competition showed exceptional work in the following areas and more: education, conservation, beautification, sustainability practices, nonprofit efforts, youth leadership, litter prevention, and much more.

These finalists include Andrew Sartain with Earth Rebirth, Ardmore Beautification Council, Armstrong Flooring, Inc., Bethel High School STEM Club, Charlie Dougherty with Lincoln County, Chris Coager with the Owasso Strong Neighborhood Initiative, City of Comanche, City of Cushing – Cushing Pride, City of McAlester, City of Midwest City, City of Muskogee, City of Newkirk, City of Oklahoma City, City of Okmulgee, City of Owasso, City of Wilburton, City of Yukon, Collinsville Trails Initiative, Donna Mackiewicz with Beyond the Classroom, Durant Chamber of Commerce, Earth Day: Celebrate CommUNITY, Environmental Management Inc., Grand River Dam Authority & Oklahoma Blue Thumb, Jacob Coffman with Team Up to Clean Up, JCPenney in Enid, Kathy Harding with Peters Elementary, Lake McMurtry & Friends, McAlester Main Street, Melissa Walker with Ardmore Beautification Council, Neighborhood Solutions, OKC Beautiful, Okeene FFA, Okeene Historic Preservation Group, Operation Clean House, Owasso Strong Neighborhood Initiative-Owasso Cares, Pittsburg County Drug Court, Pride in McAlester, Pryor Main Street, Inc., Rhodes Molenda with Beyond the Classroom, Rick Miller with the City of Okmulgee, Russel Gaskamp with Oklahoma Panhandle State University, Sharon Atcheson with Keep Broken Arrow Beautiful, The Grove Neighborhood, The Nature Conservancy, Town of Fargo, Tree Bank Foundation, Twin Cities Revitalization Project, University of Central Oklahoma, Up With Trees, Urban Soul – Xtreme Youth Ministries, Vision Farms, and Wildhorse Gardens and Market.

Kathy Gain, KOB Board President, believes the finalists exemplify Margaret Meade's famous words of, "Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has."

Tickets for the event can be purchased online at www.keepoklahomabeautiful.com. The event will begin with a reception and fundraiser at 5:00 p.m. Dinner and awards will follow.

Mumps outbreak confirmed in Garfield County

Four cases of mumps have been confirmed this week in Garfield County, and at least 34 more suspected cases are under investigation after students in two Enid Public Schools exhibited symptoms of the disease.

State and local public health officials are working closely with schools and healthcare providers to rapidly identify suspected cases and exclude affected persons from childcare centers, schools or workplaces during the timeframe they are able to transmit mumps to other persons.

Mumps is a virus that is spread from one person to another by coughing, sneezing, and direct contact with saliva.

Symptoms of mumps include swelling on one or both sides of the face, tenderness of the salivary glands in the cheek and jaw area, slight fever, headache, general aches and muscle pain.

The illness usually resolves without medical intervention, but in rare cases can lead to serious complications and hospitalization.

Symptoms usually appear 16-18 days after infection. Infected individuals can transmit the virus two days before symptoms appear and up to five days after symptoms begin.

"If parents observe symptoms of mumps in their child, we are strongly requesting that the child be kept at home for the five days after those symptoms are discovered," said State Epidemiologist Dr. Kristy Bradley.

Two doses of the MMR (Measles, Mumps, Rubella) vaccine required for school attendance are 88 percent effective in preventing mumps.

The MMR vaccine is recommended on or after a child's first birthday with a second dose at four to six years of age. People who are born during or after 1957 who do not have evidence of immunity against mumps should get at least one dose of MMR vaccine.

OSDH recommends that parents follow-up with your child's healthcare provider to determine if your child is up-to-date on their MMR vaccination. Children that need to receive the MMR vaccine may get it from their healthcare provider.

The Buzz

Hardaway travels to spain, presents at conference

By DIETRA WEDD
Student Reporter

Dr. Roger Hardaway traveled to southern Spain, in July, for an academic conference too present his paper, “Leigh Whipper”.

To participate in the conference, Hardaway had to make a proposal, which must get accepted.

Once accepted, he was then put on the program. All he needed to do was book the round trip tickets.

People from all over Europe and the United States of America, made their appearance at the conference.

Hardaway’s paper, “Leigh Whipper” was about how Whipper played in six different western movies, but he was never the cowboy or main character.

Back in the old western movies, it was uncommon for African American’s to be casted in main roles.

Courtesy of University Relations

Dr. Roger Hardaway

He got small character parts such as a servant, a stable hand, a preacher, a background singer or a crook. Whipper starred in “Of Mice and Men”, in 1939, as well as “The Ox-Bow Incident”, in 1943.

“Whipper had one grandchild,” Hardaway said. “I’d been corresponding with her back and forth, off and on, for about ten years, while I was doing research.”

Whipper retired when he was about ninety-eight, after seventy years of working.

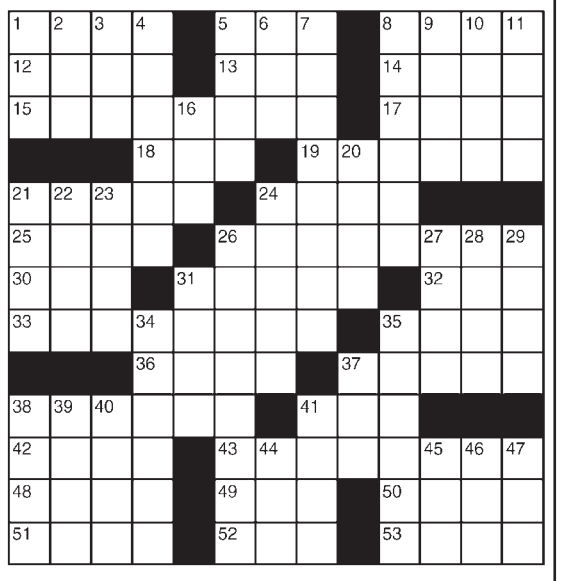
Preceding his 15-20 minute long presentation, at the conference, with 150 people in participation, Dr. Roger Hardaway got to visit Granada, Spain.

He saw big forts called Alhambra, and got a walking tour of the city.

Dr. Roger Hardaway is already in the process of some new topics that will allow him to travel to future conferences.

For more information on Roger Hardaway’s paper, students can email him at rdhardaway @nwosu.edu, call him at (580) 327-8520 or visit his office located in Jesse Dunn Rm. 319B.

King Crossword



ACROSS
1 Length times width
5 Matterhorn, for one
8 Language of Pakistan
12 Man of the manor
13 Bygone space station
14 Tide type
15 Make valid
17 San —, Italy
18 Pantheon member
19 Stockholm's land
21 West Pointer
24 "— pin and pick it up, ..."
25 Colors
26 Fine
30 Actress Hagen
31 Puncture
32 By way of
33 Preach
35 Catches some rays
36 Smoke
37 Buyer of stolen goods
38 Attack
41 Bando of baseball
42 Judicial garment
43 Sing
48 Piece of work
49 Commotion
50 Historic times
51 Accompanying
52 Allow
53 Engrossed

DOWN
1 Everything
2 Fish eggs
3 Work unit
4 Old sayings
5 In the thick of
6 "30 Rock" role
7 Charisma
8 Fictitious
9 Clarinet insert
10 Knight's lady
11 "Once — a time ..."
16 Parcel of land
20 Frail
21 Pal
22 Car
23 Sweetie
24 Grab
26 Ancient
27 Terrible guy?
28 Galvanizing stuff
29 Facility
31 Advertise
34 From the start
35 Penn and —
37 Air safety org.
38 Cornfield intruder
39 Arizona tribe
40 Touch
41 Edinburgh resident
44 Praise in verse
45 A Gershwin brother
46 Microwave
47 "Guinness Book" suffix

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Answers to last week on pg. 4